

國際學生宿舍（鴻齋）

學務處學生住宿組

隨著全球化時代來臨，有越來越多來自世界各國的同學至本校求學或進行學術交流，為促進國際交流及擴展本國同學的視野，住宿組於 103 學年度（2014 年 9 月 1 日）正式成立國際學生宿舍。

國際學生宿舍為綜合型宿舍，房型為雙人冷氣套房，各樓層皆配置交誼廳、廚房、飲水機、洗衣機、烘衣機，進出宿舍採門禁刷卡管制，並於宿舍區設有 3 處 24 小時的服務中心，全年無休服務學生。

國際學生宿舍設有齋長、副齋長、樓長、管理員、齋舍承辦人等編制，負責齋舍內各項事務，另本校全球書院的學生亦入住在國際學生宿舍，亦可協助齋幹部解決外籍生的問題；宿舍宣導公告亦以英語為主，期望提供更多元及國際觀的優質住宿環境。

為使國際學生能提早適應臺灣生活，全新打造了寬敞新穎的廚房供學生烹調家鄉料理，也期望能透過廚房的小小空間，讓學生放鬆心情，能有另類交流及學習的場合；另於 2 樓和 7 樓設有祈禱室，供不同宗教信仰的國際學生使用，心靈與心理需求兼顧。



衛浴設備。



提供學生烹調家鄉料理的廚房設備。



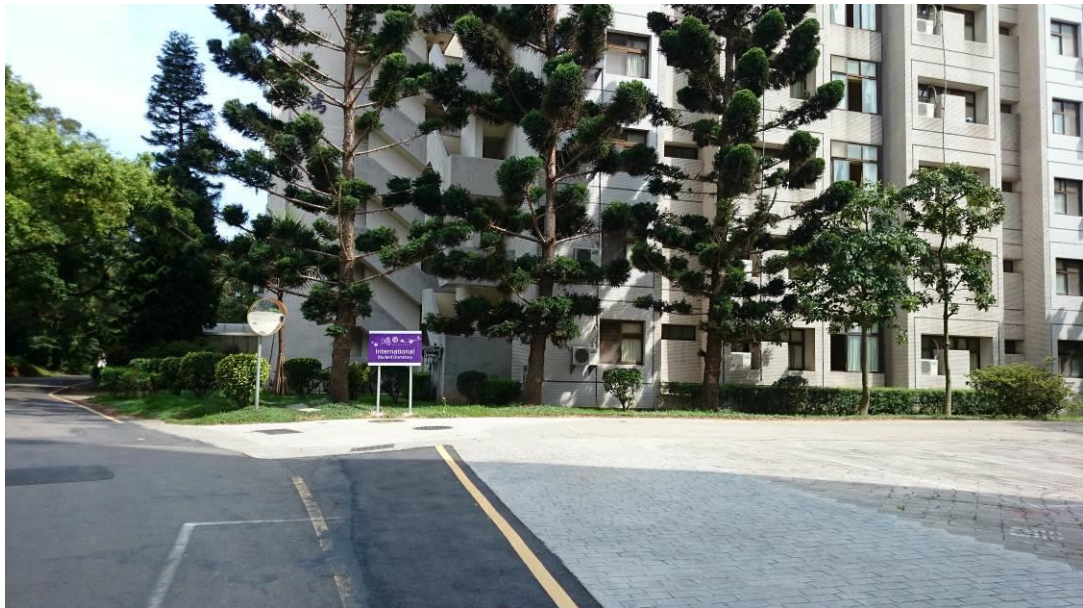
寢室内部。



洗衣設備。



交誼廳。



2014年9月1日正式成立國際學生宿舍，並在宿舍前立有指示牌。



鴻齋內 2 樓和 7 樓設有祈禱室。

Well-being of International students in Tsing Hua University

Dear international students,

The semester is coming to an end. How have you been? How are you doing? Do you feel stressed? Do you have difficulty adjusting to a new culture? Or do you have difficulty making friends and connecting with people? To better help international students, we invite you to fill out this survey. Through understanding your needs and difficulties; we would be able to hold more activities that fit your needs to help you deal with stress and adjust to the culture. Your experiences and responses are very important to us.

The survey will be anonymous, and no identifying information will be solicited. Upon completing the survey, you will be invited to provide your email address for opportunity to win a free 7-11 coffee (voucher). The information for the drawing will be kept confidential. If you have any questions or questions about the survey, please contact us, thank you!

If you encounter any difficulty or problem, you're welcome to visit the counseling center and talk to us!

Counseling Center at NTHU

Part I:

1. Sex: Male Female
2. Nationality : _____
3. Age : _____
4. Which department are you in?
 - Science Engineering Electrical Engineering and Computer Science
 - Humanities and Social Sciences Life Science Nuclear Science Technology Management Commission of General Education
 - Other (Please specify: _____)
5. What degree are you currently pursuing?
 - Bachelor Master Doctoral Postdoctoral
 - Other (Please specify : _____)
5. Which year are you in your program or major?
 - Year1 Year2 Year3 year4 year 5
6. Marriage: Not married (Single Have a partner) Married
7. Work status (Include TA, RA, and work with pay)
 - Working, about _____ hours per week
 - Not working
8. Do you have any family or relative living in Taiwan? Yes No
9. How long have you been living in Taiwan? _____ years and _____ months
10. Is this your first time studying in a foreign country? Yes No
11. How would you describe your Chinese ability? (1: Not good; 5 Very good)
 - 1 2 3 4 5
12. How would you describe your English ability? (1: Not good; 5 Very good)
 - 1 2 3 4 5

Part II

Instruction: Please circle the number that best reflects your response to each statement.

	Strongly Disagree	Disagree	Undecided	Agree	Strongly Agree
1. I can adjust to the academic environment at the university with few difficulties.	1	2	3	4	5
2. I meet the academic expectation of my instructor.	1	2	3	4	5
3. I get the grades that I desire for my homework and exams.	1	2	3	4	5
4. I enjoy the courses I am taking this semester.	1	2	3	4	5
5. I obtain resources I need for academic work.	1	2	3	4	5
6. I participate in class discussion with few difficulties.	1	2	3	4	5
7. Graduating on time is not my concern.	1	2	3	4	5
8. I get along with my instructors.	1	2	3	4	5
9. I obtain guidance and resource that I need from my instructors.	1	2	3	4	5
10. I get along with other students.	1	2	3	4	5
11. I feel that I fit into the university socially.	1	2	3	4	5
12. I develop the kind of social life I like.	1	2	3	4	5
13. I have friends that I can share my good and bad times.	1	2	3	4	5
14. I can find a friend to talk to when I am down.	1	2	3	4	5
15. I have no problem making new friends.	1	2	3	4	5
16. I feel comfortable talking to local students.	1	2	3	4	5
17. Finding the food that I like to eat is not a problem for me.	1	2	3	4	5
18. I am satisfied with the living environment.	1	2	3	4	5
19. I can adjust to the living with few difficulties.	1	2	3	4	5
20. I obtain resources and information that I need for living.	1	2	3	4	5

	Strongly Disagree	Disagree	Undecided	Agree	Strongly Agree
21. I have been misunderstood because of the culture barrier.	1	2	3	4	5
22. I feel that I have been discriminated.	1	2	3	4	5
23. I feel homesick a lot and want to go back to my country.	1	2	3	4	5
24. I am worry about my financial support.	1	2	3	4	5
25. I don't have the chance to meet people who I can date.	1	2	3	4	5
26. I am not good at getting along with the opposite sex.	1	2	3	4	5
27. I have problem with relationships.	1	2	3	4	5
28. I don't know my interests.					
29. I am worry about that I can't find a good job after graduating.	1	2	3	4	5
30. I don't have confidence in myself.	1	2	3	4	5
31. I am not in touch with myself.	1	2	3	4	5
32. I feel nervous and anxious often.	1	2	3	4	5
33. I feel lonely often.	1	2	3	4	5
34. I feel upset often.	1	2	3	4	5
35. I don't know how to express my feelings.	1	2	3	4	5
36. I don't know how to deal with my stress.	1	2	3	4	5
37. I don't know how to manage my time efficiently.	1	2	3	4	5
38. I am not satisfied with my life.	1	2	3	4	5

<Please continue on to the next page>

Part III :

Instruction: Please select the topics/activities that you are interested in (multiple).

A. Theme:

- Academic Stress
- Language ability
- Research Skill
- Learning Skill
- Get along (with a partner)
- Career
- Explore interests
- Future plan
- Interpersonal Communication
- Teacher-Student relationship
- Classmates
- Family
- Friends
- Self- Exploration
- knowing self
- Emotion management
- Stress management
- Time management
- Intimate relationship
- Pursue (Without partner)
- Culture adjustment
- Others_____

B. Form

- Seminar Workshop Support/ Growth Group
- Psychological test Movie and discussion Individual counseling
- Online resources
- Others_____

C. Target

- Individual Lab/ class Department Dormitory
- Open to all international students
- Others_____

D. Suggestions and Questions

<Please continue on to the next page>

Part IV: (Not required)

Upon completing the survey during 12 / 22 ~ 1 / 2, you will be invited to provide your email address for opportunity to win a free 7-11 coffee.

If you are interested in winning a free coffee, please leave your contact information so we can notify you when you win the prize. We will notify you before 1 / 7, please get your prize before 1 / 16.

Name (title): _____

Cell phone: _____

Email: _____

Part V: (Not required)

In order to learn more about international students, we would like to invite some international students to participate in our interview and provide us more information. If you would like to provide us more information, please leave your information. Thank you very much!

Name (title): _____

Cell phone: _____

Email: _____

~ Thank you very much for your participation. Wish you all the best! ~